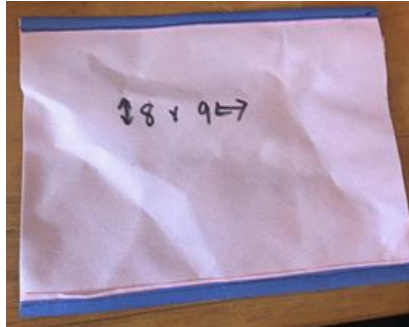
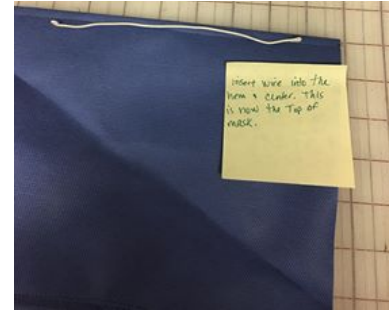


Pleated Mask with Elastic

Joanne Gilliam



Step 1: Cut 8"x 9" from two layer sterilization wrap. Sew a 1/2 in. hem on the 9 in. side, top and bottom.



Step 2: Cut a 7 in. wire and make a small loop on each end. Insert into hem made in step 1 and center within hem. This is now the top of the mask where the nose goes.



Step 3: Pleat sides to 4 in. with the pleats going toward the bottom of the mask.



Step 4: Stitch with a 1/4 in. side seam. Ensuring that the pleats are facing down.



Step 5: Cut a 1"x 4.5" strip and separate the layers. Cut two 7 in. pieces of narrow elastic.



Step 6: Sew 1 in. strips to front side of mask with a 1/4 in. seam allowance.



*Mask Can also be made with ties instead of elastic.

Step 7: Turn mask over and fold side piece over. Slip elastic under trim, even with the top, and bottom hem. Sew down and trim even with mask. Repeat on other side.